

Everest Academy

Clubs and After School Activities



Chess Club provides the tools students need to become professional chess players while developing logic and having fun. Led by instructors from *Chess Scholars*, an organization dedicated to providing professional group and individual chess instruction to children who enjoy playing chess or would like to learn the game.



Basketball is a fun team sport that fosters athletic ability and teaches children to work together and play off each others skills. This past year, the **Everest Knights** had a winning season, placing second in the Championship game. Experienced Coach Diamond inspires and demands integrity from each of his members while on the court.



Martial Arts fosters strength of body and of mind. Instructors from **T-USA Martial Arts** school are skilled in the Korean art of taekwondo, which teaches self-defense as well as balance, flexibility and listening skills. Classes also reinforce the value of self-control, courtesy, respect, and character.



Polish Language Class allows students to learn and practice speaking Polish at all levels while enjoying aspects of Poland's rich culture. Under the direction of Ms. Hanna Barszczewska, our after school **Polish Language Classes** include sessions for: PreK Non-Polish speaking, K-8 non-Polish speaking, PreK Polish speaking, K-8 Polish speaking, as well as an Advanced Polish class.



Music Lessons broaden students' intellectual pathways through the knowledge and discipline they acquire by learning violin, piano, or developing their vocal skills. **Individual piano lessons** are offered by Ms. Teresa Shine and Mrs. Joanna DiSabato. **Individual and group voice lessons** are offered by Mrs. DiSabato. **Individual violin lessons** are offered by Ms. Shine. And this year, we are happy to have professional violinist Irina (Fatykhova) Young offering **group violin lessons**.



Drama Club provides an opportunity for building self-confidence, speaking in public, and developing interpersonal skills. Recent performances include *Miracle on Bethlehem Street* and *Peter Pan*.



Dance Classes offer children the opportunity to learn and develop talents in dance and art through formal instruction. Past dance classes have included ballet and hip-hop for younger students and social dances such as swing and square dancing for older students.



Art Classes provide opportunities for students to explore and experience different mediums of artistic expression beyond what they are already receiving during art class during school hours. Such classes help to stimulate and develop the imagination as well as cognitive skills such as problem-solving and critical thinking.



Conquest is a boys' club affiliated with a national network of leadership programs, clubs, and camps for boys and young men 5 - 16 years of age. Conquest trains boys to become self-disciplined and confident young men—Catholic leaders who possess moral integrity and are committed to improving the communities in which they live.



Challenge is a club for girls (grades 4-8) to grow in virtue, friendship, and their Catholic faith by doing outreach projects and meeting with formation and fun.